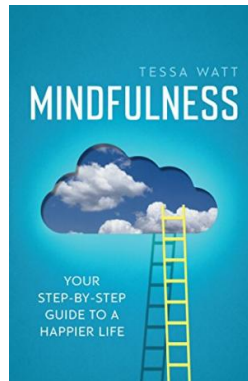


Mindfulness: Your Step-by-Step Guide to a Happier Life



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